Mt. Abu, India 1-8 of March 1997

Tilman Kuentzel, the experience and its canalization

The first day after our arrivel in Mt Abu, we (Swa Biernacka and me) met the Brahmin Mahant Narsingh wass. He came to Mt Abu more then twenty years ago with six rapies in his pocket, which are not finished yet and lived in the caves at Nikke lake. Three years ago the ancient Ganeshi Tempel at Andara point was rebuilt under his supervision. Mahant Narsigh is a medicine man with an enormous knowledge about powers of nature, virtues of herbs and minerals. He has developed more then 15 thousand "formulas" for to cure all kinds of desagnises with specialization for the female body. During our daily visits I learnt much about Yoga, hindu religion and culture.

Mahant Narsingh became also involved in my thoughts about artistic activities in Mt Abu. In the beginning I could not imagine to find an expression for all the enormous impressions due to my first visit to India. Mahant Narsingh unders nood my way of thinking very well. Once I asked him about a good solt in the surrounding of the holly Mt Abu. My idea was to dedicate the path which leads to this particular point as mine "art-project". He liked the idea and next morning he guided us to the GARMACKH and VASHISTHA Ashram, 7 km south from Mt Abu town. The visitor needs to exercome 700 steps down through Mango tree forest for to reach it. Ifter visiting the a Ashram he took us to AGNI KUND, the most holy and encient place. Is ituated in Abu mountains (Agni Kund is an opigin place of the four Kshatrya clans named Chauhan, Parma, Parma and Solanki. Agni Kund means a fire pit hace the four clans where called Agni Kula).

Nearby he sat downard told me to find my place, which I did.

Later we discussed the rossibility of leaving a sign at this place. In my search for the right medium of expression he gave me advice about using of the right material, we came to a conclusion. One phonecall to one of his followers in Abu Road and the company, which delivered the marble for his tempel, offered to produce a marbel plate for my instalation. THANK YOU FOR YOUR SMILE was carved into the plate as a tribute to the tribal people of India, for theirag patience and friendliness towards foreign man, who came with nothing more but an Indian travel guide knowledge.

"Thank you for your smile" stands for the respect which I have for the great indian history, philosophy and spiritual stability of the minds of indian people.

Dedicated to the most wonderfull personality of the great Baba, "the blind beggar", the friend Mahant Narsingh wass.
With many thanks to Bhartiya Marble & Granite articels in Abu Rd.

Tilman Kuentzel, Mt Abu 7.3.97

Go pladidly amid the noise and haste and . Remember what peace there may be in silence.

As far as possible without surrender be on good terms with all persons..

Speak your truth quietly and clearly
listen to others, also
even to the dull and ignorant;
they too have their own story.

Keep interested in your own career
however humble;
It is a real possession in the
changing fortunes of time.

BE YOURKKE SELF

Especially do not feign affection Neither be cynical about love for in the face of all aridity and disenchantment it is perennial as the grass.

whatever your labours and aspirations in the noisy confusion of life.

KEEP PEACE WITH YOUR SOUL

Vashistha Ashrams first edition "Akshaya Trutiya" 1990

You find the marble plate if you go down to the Gaumukch Tempel and then turn right and walk along a smal path which leads to the Agni Kund. Before the path turns to the left into the forrest you will see big rocks on the right side (hill side). From here you will see the plate and miniatur prints on white painted squares. For to see them in detail you can climb up ca. 10 m, there from you will have a panoramic view over the valley.

